



Jamie Kuper graduated with her Associates in Nursing from Iowa Lakes Community College in 2009. She received her Bachelors in Nursing from the University of Phoenix in 2014. She earned her Masters of Nursing with a focus in Family Nurse Practitioner Degree from the Colorado Technical University in 2022. She is now a Board-Certified Family Nurse Practitioner

Her “Care Philosophy” is that she believes that the best patient outcomes happen when the patient and provider are a team. She believes that her job is to always advocate for her patients and not give up until the answers are found. She maintains that the best patient outcomes happen when “health” is viewed as emotional, spiritual, and physical wellbeing.

She believes that the best medicine is a mix of traditional and holistic treatments. She works hard to listen to her patients in order to help them feel that their needs and concerns are heard. She feels that empathy and compassion are extremely important to providing excellent care.

Jamie plans to start working toward her ENP (Emergency Nurse Practitioner) Certification through the University of Northern Colorado (UNC) in which she hopes to have completed before the end of 2025. This is an additional board certification for Family Nurse Practitioners who have work experience or an additional post-master’s certificate in emergency care.

When she is not at work, Jamie enjoys spending time with her family which includes her husband Ryan, sons Koltyn- 13 & Karsyn- 11, and daughter Kyanna- 7. They enjoy camping, fishing, boating, snowmobiling, and ATV riding. Her favorite thing to do is spending time in the mountains.